

Bucksport Senior Center Meals Program ~ Meals prepared by RSU #25

Please make checks payable to RSU# 25. Please call in advance to allow us to plan enough meals for the day. Please call if you are unable to attend after a reservation is made. The meals are served @ 11:30am at the Senior Center @ 125 Broadway. CALL 469-3632 for information OR reservation

Monday

Wednesday

Friday

JANUARY MENU



1/2 Roast Pork w/apples
Steamed Peas
Potato Salad
"Lemon Squares"

1/4 Hamburg Steak
Baked Potato w/cheese topping
Steamed Corn
"Brownies"

All Ages are WELCOME
to attend the meal
COST \$4.00 per meal
BRING A FRIEND

1/7 Chicken Pot Pie
w/ mixed vegetable
stuffing

1/9 Spaghetti & Meatballs
Garlic Bread
Fresh Ceasar Salad

1/11 Tuna Noddle Casserole
Broccoli Slaw

Meals Subject to change
without notice subject
to availability of items

"Pudding w/topping"

"Pumpkin Cookies"

"Yogurt w/fresh fruit"

1/14 Veggie Lasagna
Fresh Garden Salad
Garlic Bread
"Frozen Yogurt"

1/16 Pot Roast w/mashed potato
Glazed carrots
Sliced French Bread
"Jello w/topping"

1/18 American Chop Suey
Cole Slaw w/pineapple
Fresh Baked Roll
"Pudding w/topping"

All meals served with
Reduced fat milk
Coffee & other drinks are
available

1/21
Martin Luther King, Jr

NO LUNCH TODAY

1/23 Chicken Alfredo
Fresh Garden Salad
Fresh Baked Roll

1/25 Sheppards Pie
Corn Bread

Whole wheat is used in
most baked items

"Baked fresh cookie"

"Fresh Fruit"

1/28 Haddock & Shrimp
Casserole
Rice Pilaf & Garden Salad
"Ice-cream"

1/30 Baked Chicken Breast
Baked Potato
Roasted Vegetables
"Fruit Crisp"

2/1 Best Ever Meatloaf
Old Fashion Mashed Potato
Green Beans
"Chocolate Cake"